

SOUS VIDE TO PERFECTION

Bags per Carton: 8 Avg Bag Weight: 1.4-1.6kg Avg Carton Weight: 11-13kg Sold By: Weight Energy kJ: 790kj Protein: 30.6g Carbohydrates: 2.1g Total Fat: 6.4g

Cooking Tip!

Oven roast at 200 degrees Celsius for approximately 20 minutes per kilo.*