

SOUS VIDE TO PERFECTION

Pieces Per Bag: 6

Bags per Carton: 4-5

Avg Bag Weight: 2-3kg

Avg Carton Weight: 11-13kg

Sold By: Weight

Energy kJ: 700k

Protein: 20.3g

Carbohydrates: 0g

Total Fat: 7.1g

Cooking Tip!

Season, oven roast at 200 degrees celsius for approximately 10 minutes.*