

## SOUS VIDE TO PERFECTION

Pieces Per Bag: 20-30

Bags per Carton: 4-5

Avg Bag Weight: 2-3g

Avg Carton Weight: 11-13kg

Sold By: Weight

Energy kJ: 1,100kj

Protein: 28.2g

Carbohydrates: 0g

Total Fat: 16.7a

## Cooking Tip!

Season and oven roast at 200 degrees Celsius for approximately 10 to 15 minutes. Can be tossed on the char grill for further flavour.\*