

## SOUS VIDE TO PERFECTION

Pieces Per Bag: 2-3 Bags per Carton: 8 Avg Bag Weight: 2-3.5g Avg Carton Weight: 11-13kg Sold By: Weigh Energy kJ: 935kj Protein: 27.2g Carbohydrates: 0g Total Fat: 9.8g

Cooking Tip!

Oven roast the whole piece at 200 degrees Celsius for approximately 10 minutes per kilo\*

\* Cooking times will vary based on your kitchen equipment, images for illustration purposes only.